

EAGLE POINT SENIOR CENTER

March Newsletter 121 Loto Street P.O. Box 898, Eagle Point, OR 97524 541-826-9404

eaglepointsrctr@gmail.com

HOURS 8:30 am to 12:30 pm Monday thru Friday

For scheduled events see calendar and information board

Eagle Point Senior Center Board of Directors

PRESIDENT: Suzi Collins VICE PRESIDENT: Joyce Beeney

SECRETARY: TREASURER: Bob Heaton

BOARD MEMBERS: Jeanne Heaton, Marilyn Arnold, Alan Styles, Rosita Redd

BOARD MEETINGS: 2nd Thursday of each month at 9:00 am

MEMBERSHIP MEETINGS: 2nd Thursday of each month at 10:00 am

Thrift Store News from Debbie Schmelzer Located inside the center open 8:30 am to 12:30 pm

Our Thrift Store provides more than 60% of the revenue that keeps the Senior Center running and these kinds of "profits" spell good news for the Center overall! Thank you for your purchases and for your donations. Tell your friends about our awesome store!!

FROM THE PRESIDENT'S DESK: Suzi Collins

Welcome back members after our many months of being unable to meet here. Hoping the numbers will stay down so the Governor won't shut us down again.

Thank you to Michael Little for coming forward to pick up bread at Franz on Tuesdays.

I am saddened by the fact that I donated an almost new Kirby G5 vacuum cleaner and all the attachments and shampooer to the Center as I no longer have carpeting in my home. Someone saw the opportunity to take that machine and replace it with theirs that wasn't in working condition.



MEMBERSHIP:

It is inexpensive to be a member of the Senior Center. Annual Membership fee is \$12.00, due in June. This is a community center where all people are welcome. We welcome any one aged 50 and older to join. We refrain from comments that put down or joke about anyone's race, creed, sexual orientation, religious convictions, ancestry, place of origin, mental status, or age. Everyone's cooperation is appreciated.

MUSIC MUSIC:

THE SWING ALONGS, Dan and Carol Nielson, provide music for us here at the Senior Center every Monday at 10:30 am to 11:30 am. They also have CDs available for sale. This is a popular event and since it is also Bingo day, the Senior Center "rocks" on Mondays!

BINGO MONDAY:

How many cards can you play at one time? That's the big question. Some play one and there are a couple players that can handle ten cards at a time. We play Bingo here at the center at 1 pm - 3:00 pm. We have lots of fun and play a variety of games. The more the merrier and the bigger the winnings!!



Cost of Bingo Cards

Number			2 Special Games
Of Cards	9 games	5 games	(Progressive Pot & Winner Take All)
1	\$2.25	\$1.25	\$.25 each game
2	\$4.50	\$2.50	\$.50 each game
3	\$6.75	\$3.75	\$.75 each game

(4+1 free)	\$9.00	\$5.00	\$1.00 each game
(5+1 free)	\$11.25	\$6.25	\$1.25 each game

GAME DAY:

Some of the games played are: Skip-Bo, Scrabble Slam, 10,000, Flux, Left-Center-Right, Boom-O, Pinochle, Hit the Deck, Backgammon, Rumi Cube, and Dominoes, or suggest a new game that you like. Looking for

Pinochle players!! Thursday 12:30 pm to 4:00 pm.





March Birthdays

David Tribble, Sr.

Carol Ann Boyd

Leon Sherman

Midge Harnish

Clayton Martin

Kenneth Nutter

Kenny Clifton

Kathie Hobson

Jim Paisley

Leon Sherman

Barbara Blight

Becky Dalen

Sharyn Close

Silvia Soptaten

Sandy Barber

Don't forget – Birthday cake is served at the Membership Meeting.

We need your help updating our Membership list. If you have changed your phone number or address, please let us know so we can change our records.

If you would like the newsletter sent to you by email - just let Suzi know your email address and you'll get a copy monthly.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	က	4	5	9
	Music 10:30 - 11:30					
	Bingo 1 - 3		WW - 4:30-6:30	Games 12:30 - 4		
7	0	6	10	11	12	13
	Music 10:30 - 11:30			Board - 9 am Membership - 10		HI Club 11 - 4
	Bingo 1 - 3		WW - 4:30-6:30	Games 12:30 - 4		
14	15	16	17	18	19	20
Daylight Saving	Music 10:30 - 11:30		St. Patrick's Day			First Day of Spring
Time Begins	Bingo 1 - 3		WW - 4:30-6:30	Games 12:30 - 4		
21	22	23	24	25	26	27
	Music 10:30 - 11:30				Upper Rogue Arfists - 1 pm	
	Bingo 1 - 3		WW - 4:30-6:30	Games 12:30 - 4		
28	29	30	31	1	2	e
	Music 10:30 - 11:30				Good Friday	
	Bingo 1 - 3		WW - 4:30-6:30			



RVCOG Food & Friends | March 2021

RVCOG			82	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Turkey a la King	Beef Enchilada Bake	Macaroni & Cheese	Meatloaf	Breaded Fish
Mashed Potatoes	Broccoli Cuts	Escalloped Tomatoes	w/Mushroom Gravy	w/Tartar Sauce
Capri Blend Vegetables	Chuckwagon Corn	Green Peas	Mashed Potatoes	Red Diced Potatoes
Onion Bread	Cracked Wheat Bread	Squash Bread	Scandanivian Blend Vegetable	Green Beans
Cookies n Cream Fluff	Fresh Fruit	Spiced Applesauce	Whole Wheat Bread	Multigrain Roll
			Birthday Cake	Zucchini Brownie
8	6	10	11	12
Chicken Penne Pasta	Waikki Chicken	Beef & Black Bean Chili	Sliced Ham	Herbed Chicken Patty
Steamed Spinach	Rice Pilaf	Green Peas & Carrots	w/Pineapple Sauce	w/Poultry Gravy
Scandanivian Blend Vegetables	Broccoli	Brussels Sprouts	Scalloped Potatoes	Lyonnaise Potatoes
Multigrain Roll	Spinach Romaine Salad	Cornbread	Mixed Vegetables	Normandy Blend Vegetables
Peanut Butter Cookie	Pineapple Fluff	Chocolate Pudding	Squash Bread	Seven Grain Bread
			Lemon Blondie	Chocolate Chip Cookie
15	16	17	18	19
Meatloaf	King Ranch Chicken Bake	Corned Beef	Lemon Pepper Chicken	Cowboy Campfire Stew
w/Brown Gravy	Chuckwagon Corn	Parsley Potatoes	Red Diced Potatoes	Broccoli Cuts
Mashed Potatoes	Broccoli Cuts	Cabbage & Carrots	Steamed Spinach	Green Garden Salad
California Blend Vegetables	Multigrain Roll	Onion Roll	Oat Bran Roll	Rye Bran Roll
Seven Grain Bread	Tapioca Pudding	Poke Cake	Fresh Orange	Grace's Chocolate Bar
Golden Fruit Cup				
22	23	24	25	26
Swiss Style Patty w/Sauce	Roast Turkey	Southwest Omelet Bake	German Meatballs w/Sauce	Turkey Divan w/Sauce
Mashed Potatoes	w/Poultry Gravy	Capri Blend Vegetables	Steamed Rice	Red Diced Potatoes
Green Beans w/Red Peppers		Steamed Spinach	Broccoli Cuts	Italian Blend Vegetables
Seven Grain Bread		Cracked Wheat Bread	Mixed Vegetables	Whole Wheat Bread
Mandarin Oranges	Green Peas and Onions	Birthday Cake	Pear Cobbler	Rocky Road Pudding
	Snickerdoodle Bar			
29	30	31		
Beef Stroganoff	Asian Chicken Salad	Hamburger	A suggested minimum	ALLERGEN DISCLAIMER: Our production
Capri Blend Vegetables	Spinach Romaine Salad	Baked Beans	donation is requested from	kitchen uses the following products in meal
Brussels Sprouts	Marinated Zucchini Salad	Mixed Vegetables	seniors 60 & older.	milk, fish, shellfish, wheat, and products
Sunflower Seed Roll	Whole Wheat Roll	Hamburger Bun	Non-seniors must pay full	containing gluten. We cannot guarantee that all menu items are free of allergens. We use
Vanilla Pudding	Spiced Peaches	Joy's Applesauce Cookie	cost or the meal. 1% milk served with all meals.	shared equipment and handle common allergens throughout the supply chain.

Advertisement

Medicare & Senior Benefits Life & Supplemental Insurance

Rosita Redd Agency

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Helping my Clients Achieve their Goals

With Experience, Knowledge, and Empathy