



**EAGLE POINT SENIOR CENTER**  
**September Newsletter**  
**121 Loto Street P.O. Box 898, Eagle Point, OR 97524**  
**541-826-9404**

[eaglepointsrctr@gmail.com](mailto:eaglepointsrctr@gmail.com)

**HOURS 8:30 am to 12:30 pm Monday thru Friday**

**For scheduled events see calendar and information board**

**Eagle Point Senior Center Board of Directors**

**PRESIDENT:** Suzi Collins                      **VICE PRESIDENT:** Joyce Beeney

**SECRETARY:** Rosita Redd                      **TREASURER:** Bob Heaton

**BOARD MEMBERS:** Jeanne Heaton, Valerie Taylor-Crow and Marilyn Arnold

**BOARD MEETINGS:** 2<sup>nd</sup> Thursday of each month at 9:00 am

**MEMBERSHIP MEETINGS:** 2<sup>nd</sup> Thursday of each month at 10:00 am

**Thrift Store News from Nancy Lilly**  
**Located inside the center open 8:30 am to 12:30 pm**

THE THRIFT STORE BROUGHT IN \$2, 098 IN AUGUST. THE THRIFT STORE PROVIDES MORE THAN 60% OF THE REVENUE THAT KEEPS THE SENIOR CENTER RUNNING AND THESE KINDS OF "PROFITS" SPELL GOOD NEWS FOR THE CENTER OVERALL! THANK YOU FOR YOUR PURCHASES AND FOR YOUR DONATIONS.

**FROM THE PRESIDENT’S DESK: Suzi Collins**



Let us all pause and reflect on this Labor Day.

Let us not forget -

The dying cedar tree at the edge of our driveway was cut down by Rogue Valley Tree. Pictures are in this newsletter. We now need to have these rounds of wood spilt so we can burn them in our stove this Winter. Please let us know if you have someone in mind that could help us with this project.

Our “Summer Picnic” Pot Luck was very successful. 30 people attended and from what I heard – they all had a good time. Food was excellent.



**MEMBERSHIP:**

It is inexpensive to be a member of the Senior Center. Annual Membership fee is \$12.00, due in June. This is a community center where all people are welcome. We welcome any one aged 50 and older to join. We refrain from comments that put down or joke about

anyone's race, creed, sexual orientation, religious convictions, ancestry, place of origin, mental status, or age. Everyone's cooperation is appreciated.

**MUSIC MUSIC:**

THE SWING ALONGS, Dan and Carol Nielson, provide music for us here at the Senior Center every Monday at 10:30 am to 11:30 am. They also have CDs available for sale. This is a popular event and since it is also Bingo day, the Senior Center "rocks" on Mondays!

**BINGO MONDAY:**

HOW MANY CARDS CAN YOU PLAY AT ONE TIME? THAT'S THE BIG QUESTION. SOME PLAY ONE AND THERE ARE A COUPLE PLAYERS THAT CAN HANDLE TEN CARDS AT A TIME. WE PLAY BINGO HERE AT THE CENTER AT 1 PM – 3:00 PM WE HAVE LOTS OF FUN AND PLAY A VARIETY OF GAMES. THE MORE THE MERRIER AND THE BIGGER THE WINNINGS! !



**Cost of Bingo Cards**

<b>Number Of Cards</b>	<b>9 games</b>	<b>5 games</b>	<b>2 Special Games (Progressive Pot &amp; Winner Take All)</b>
<b>1</b>	<b>\$2.25</b>	<b>\$1.25</b>	<b>\$.25 each game</b>
<b>2</b>	<b>\$4.50</b>	<b>\$2.50</b>	<b>\$.50 each game</b>
<b>3</b>	<b>\$6.75</b>	<b>\$3.75</b>	<b>\$.75 each game</b>

(4+1 free) \$9.00  
(5+1 free) \$11.25

\$5.00  
\$6.25

\$1.00 each game  
\$1.25 each game



### **QUILTING GROUPS:**

Tuesdays 12:30 pm - 2:30 pm. Join the FUN!!

### **GAME DAY:**

*Some of the games played are: Skip-Ba, Scrabble Slam, 10,000, Flux, Left-Center-Right, Boom-O, Pinochle, Hit the Deck, Backgammon, Rumi Cube, and Dominoes, or suggest a new game that you like.*

*Looking for*

*Pinochle players!! Thursday 12:30 pm to 4:00 pm.*



## September Birthdays

Norma Jenkins  
Wayne Lee  
Louie Edwards  
Jeanine Sterrett  
Roberta Adams  
Michael Martin

Donna Shurtliff  
Margo O'Neal  
Chris Barney  
Dan Mancuso  
Jim Wartzok

Don't forget – Birthday cake is served at the Membership Meeting.

We need your help updating our Membership list. If you have changed your phone number or address, please let us know so we can change our records.

If you would like the newsletter sent to you by email - just let Suzi know your email address and you'll get a copy monthly.

### **Pictures of the tree being removed**



**Branches off**

**Starting to topple**





**Falling**



**Almost down**



**Cutting rounds from top**



**Tree is getting shorter**



**Stump grinding – no more tree**

**Let's Get Acquainted with one of our newer members**

**Elizabeth and Jim Wartzok**





Elizabeth was born in Everett, Washington in 1933. She had 2 brothers and 1 sister. Jim was born in Madison, Wisconsin in 1934. He had 2 brothers. Elizabeth took care of her brother that was 5 years younger.

Jim and Elizabeth went steady for 27 years before they married November 24, 2018. Jim had been divorced with 4 children that he adopted and had two more with his first wife. Elizabeth was a widow with twin girls and one son.

They came to Bingo as regulars and everyone cheered when they learned that the marriage had taken place.

When Jim was a senior in high school he played football and was voted MVP. He was offered three scholarships. The University of Wisconsin offered him a full ride, but he turned it down and enlisted in the Navy. He thought he wouldn't be able to go to school and support himself. After 4 years in the service, he went to school for 6 years and then became an entrepreneur. He specialized in precision sheet metal, industrial paint design and engineering. He started a computer company, color monitors, voice module and introduced HD.

Elizabeth spent her career in clerical jobs - mostly Accounts Payable.

Jim has invented many items used in the Silicon Valley and his biggest obstacle was trying to figure out how to market them. He was known as "Dr. Jim" - the problem solver. He also holds 7 patents.

Jim says that Elizabeth is the best thing that has ever happened to him. (She blushed).

Both Elizabeth and Jim said to face life and smooth out the rough spots. They try to live by the "Golden Rule".



# RVCOG FOOD & FRIENDS SENIOR NUTRITION SERVICES • SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>CLOSED FOR HOLIDAY</u></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">LABOR DAY</p> <p style="text-align: center;">2</p>	<p><u>LABOR DAY SPECIAL</u></p> <p style="text-align: center;"><b>SLOPPY JOE</b> on a Bun Potato Wedges California Blend Vegt Grace's Choc Bar</p> <p style="text-align: right;">3</p>	<p><b>BEEF STUFFED BELL PEPPER</b> Carrots Whole Kernel Corn Cracked Wheat Roll Apple Cobbler</p> <p style="text-align: right;">4</p>	<p><u>BIRTHDAY SPECIAL</u></p> <p style="text-align: center;"><b>ROAST BEEF w/GRAVY</b> Sr Cream/Chive Potatoes Green Peas Rye Bread Birthday Cake</p> <p style="text-align: right;">5</p>	<p><b>CHICKEN POMODORO</b> Steamed Spinach Cauliflower &amp; Carrots Seven Grain Bread Tapioca Pudding</p> <p style="text-align: right;">6</p>
<p><b>PASTA PRIMAVERA</b> Oregon Bean Medley Harvard Beets Onion Roll Peanut Butter Cookie</p> <p style="text-align: right;">9</p>	<p><b>MEATLOAF w/GRAVY</b> O'Brien Potatoes Broccoli Multigrain Bread Peach Crisp</p> <p style="text-align: right;">10</p>	<p><b>ORANGE GLAZED CHICKEN w/RICE</b> Oriental Blend Vegt Carrots Lemon Cookie</p> <p style="text-align: right;">11</p>	<p><b>SPAGHETTI w/MEAT SAUCE</b> Green Beans Zucchini w/Red Peppers Herb Roll Chocolate Pudding</p> <p style="text-align: right;">12</p>	<p><b>ROAST PORK w/GRAVY</b> Mashed Potatoes Scandinavian Blend Vegt Onion Bread Applesauce</p> <p style="text-align: right;">13</p>
<p><b>SHOYU CHICKEN</b> Rice Pilaf Oriental Blend Vegetables Carrots &amp; Peas Dinner Roll Pears</p> <p style="text-align: right;">16</p>	<p><b>MEXICAN CHICKEN PASTA BAKE</b> Whole Kernel Corn Brussels Sprouts Pineapple Fluff</p> <p style="text-align: right;">17</p>	<p><b>HAM &amp; CHEESE STRATA</b> Broccoli Marinated Zucchini Salad Seven Grain Roll Chocolate Chip Bar</p> <p style="text-align: right;">18</p>	<p><b>GERMAN MEATBALLS w/ROTINI PASTA</b> Green Peas Carrot Pineapple Salad Sugar Cookie</p> <p style="text-align: right;">19</p>	<p><b>BREADED FISH w/TARTAR SAUCE</b> Delmonico Potatoes California Blend Vegt Dill Wheat Bread Peach Crisp</p> <p style="text-align: right;">20</p>
<p><b>TURKEY TETRAZZINI</b> Country Cottage Blend Vegetables Cauliflower &amp; Carrots Squash Bread Spiced Peaches</p> <p style="text-align: right;">23</p>	<p><b>MACARONI &amp; CHEESE</b> Escalloped Tomatoes Normandy Blend Vegt Cracked Wheat Bread Apple Streusel Cake</p> <p style="text-align: right;">24</p>	<p><b>MEATLOAF w/ MUSHROOM GRAVY</b> Garlic Mashed Potatoes Green Beans Whole Wheat Roll Tapioca Pudding</p> <p style="text-align: right;">25</p>	<p><b>ROASTED TURKEY w/GRAVY</b> Mashed Potatoes Capri Blend Vegetables Herb French Bread Orange Whip</p> <p style="text-align: right;">26</p>	<p><b>BBQ CHICKEN SANDWICH</b> on a Bun Potato Wedges Confetti Coleslaw Lemon Pudding</p> <p style="text-align: right;">27</p>
<p><b>WAIKIKI CHICKEN</b> Red Diced Potatoes Broccoli Hawaiian Roll Cookies &amp; Cream Fluff</p> <p style="text-align: right;">30</p>	 <p style="font-size: 1.5em; font-weight: bold; margin: 0;">First Day of Autumn</p> <p style="margin: 0;">SEPTEMBER 23</p>			
<p><b>ALLERGEN ALERT:</b> A variety of foods are prepared in the kitchen; thus, meals may be prepared with ingredients and equipment may come in contact with ingredients to which you may have an allergic reaction, such as nuts.</p>				
<p>A suggested minimum donation is requested from seniors 60 and older. Non-seniors must pay the full cost of the meal. 1% milk served with all meals.</p>				



# September 2019

August '19							October '19						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3					1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30	31	27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> Labor Day Center Closed	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
	Bingo 1 - 3	Quilters 12 - 2	WW 4:30 - 6:30	Games 12 - 4		
<b>8</b>	<b>9</b> Music 10:30 - 11:30 Bingo 1 - 3	<b>10</b>	<b>11</b>	<b>12</b> Board - 9 am Membership - 10 Games 12 - 4	<b>13</b>	<b>14</b> Hawaiian Club 4-Dec
		Quilters 12 - 2	WW 4:30 - 6:30			
<b>15</b>	<b>16</b> Music 10:30 - 11:30 Bingo 1 - 3	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
		Quilters 12 - 2	WW 4:30 - 6:30	Games 12 - 4		
<b>22</b>	<b>23</b> Music 10:30 - 11:30 Bingo 1 - 3	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Upper Rogue Artists 1:00 PM	<b>28</b>
		Quilters 12 - 2	WW 4:30 - 6:30	Games 12 - 4		
<b>29</b>	<b>30</b> Music 10:30 - 11:30 Bingo 1 - 3	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b>	Notes				

Advertisement

# Medicare Health Plans

## As a Local Independent Agent, I listen to You

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I understand every client is different and a one size fits all approach doesn't work for everyone. I listen to you and help you select a plan that fits your life.



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