



**EAGLE POINT SENIOR CENTER**  
**August Newsletter**  
**121 Loto Street P.O. Box 898, Eagle Point, OR 97524**  
**541-826-9404**

[eaglepointsrctr@gmail.com](mailto:eaglepointsrctr@gmail.com)

**HOURS 8:30 am to 12:30 pm Monday thru Friday**

**For scheduled events see calendar and information board**

**Eagle Point Senior Center Board of Directors**

**PRESIDENT:** Suzi Collins

**VICE PRESIDENT:** Joyce Beeney

**SECRETARY:** Rosita Redd

**TREASURER:** Bob Heaton

**BOARD MEMBERS:** Evelyn Jennings, Jeanne Heaton, Marilyn Arnold & Valerie Taylor-Crow

**BOARD MEETINGS:** 2<sup>nd</sup> Thursday of each month at 9:00 am

**MEMBERSHIP MEETINGS:** 2<sup>nd</sup> Thursday of each month at 10:00 am

**Thrift Store News from Nancy Lilly**  
**Located inside the center open 8:30 am to 12:30 pm**

**THE THRIFT STORE BROUGHT IN \$3,317.94 IN JULY. THE THRIFT STORE PROVIDES MORE THAN 60% OF THE REVENUE THAT KEEPS THE SENIOR CENTER RUNNING AND THESE KINDS OF "PROFITS" SPELL GOOD NEWS FOR THE CENTER OVERALL! THANK YOU FOR YOUR PURCHASES AND FOR YOUR DONATIONS.**

**FROM THE PRESIDENT'S DESK: Suzi Collins**

## **Time to pay your Membership Dues – Please...**

Thanks to everyone who kept the ship afloat while I was in southern California for my Class Reunion. Enjoyed seeing my friends, but the drive is for young people.

Thanks to Carol Mortimer for picking up the fresh bread from Franz bakery. So nice to have fresh items available for your donation.

We are planning a Pot Luck for the next to last Saturday in August (8-24-2019). We will provide ham for sandwiches. Members can bring their favorite salads, condiments or desserts. A sign up sheet will be on the front desk. If you plan to come, please sign up so we will know how much ham to purchase.



## **MEMBERSHIP:**

It is inexpensive to be a member of the Senior Center. Annual Membership fee is \$12.00, due in June. This is a community center where all people are welcome. We welcome any one aged 50 and older to join. We refrain from comments that put down or joke about anyone's race, creed, sexual orientation, religious convictions, ancestry, place of origin, mental status, or age. Everyone's cooperation is appreciated.





## **MUSIC MUSIC:**

THE SWING ALONGS, Dan and Carol Nielson, provide music for us here at the Senior Center every Monday at 10:30 am to 11:30 am. They also have CDs available for sale. This is a popular event and since it is also Bingo day, the Senior Center “rocks” on Mondays!



**BINGO MONDAY:**

HOW MANY CARDS CAN YOU PLAY AT ONE TIME? THAT'S THE BIG QUESTION. SOME PLAY ONE AND THERE ARE A COUPLE PLAYERS THAT CAN HANDLE TEN CARDS AT A TIME. WE PLAY BINGO HERE AT THE CENTER AT 1 PM – 3:00 PM WE HAVE LOTS OF FUN AND PLAY A VARIETY OF GAMES. THE MORE THE MERRIER AND THE BIGGER THE WINNINGS!!



**Cost of Bingo Cards**

<b>Number Of Cards</b>	<b>9 games</b>	<b>5 games</b>	<b>2 Special Games (Progressive Pot &amp; Winner Take All)</b>
1	\$2.25	\$1.25	\$.25 each game
2	\$4.50	\$2.50	\$.50 each game
3	\$6.75	\$3.75	\$.75 each game
(4+1 free)	\$9.00	\$5.00	\$1.00 each game
(5+1 free)	\$11.25	\$6.25	\$1.25 each game

## QUILTING GROUPS:

Tuesdays 12:30 pm - 2:30 pm. Join the FUN!!

Here are some of the baby quilts they have for sale.



## GAME DAY:

*Some of the games played are: Skip-Bo, Scrabble Slam, 10,000, Flux, Left-Center-Right, Boom-O, Pinochle, Hit the Deck, Backgammon, Rumi Cube, and Dominoes, or suggest a new game that you like. Looking for Pinochle players!! Thursday 12:30 pm to 4:00 pm.*



## August Birthdays

David Adamchick  
Deanna Hawes  
Susan Henshaw  
Ruth Jenks  
Kyle Kellogg  
Pam Nance  
Julie Nelson  
Rosita Redd

Ron Robello  
Arlene Wilson  
Beverly McKechnie  
Carol Eck  
Joyce Schnepf  
Kathleen Cockman  
Charlotte Hopkins  
Karen Little

Don't forget – Birthday cake is served at the Membership Meeting.

We need your help updating our Membership list. If you have changed your phone number or address, please let us know so we can change our records.

If you would like the newsletter sent to you by email - just let Suzi know your email address and you'll get a copy monthly.

## Let's Get Acquainted with our member

### Marilyn Maloney



Marilyn was born in Detroit Lakes, MN in 1936. After the death of her father, his brother came from Oregon to help her Mother. They ended up getting married (her Uncle became her stepdad) and they moved to Medford, Oregon with Marilyn and her sister Deloris. They had another daughter giving Marilyn another sister, Sharon.

Marilyn graduated from Jacksonville High School. She married Elmer Maloney in June 1955. They had three children (two boys and a girl). Marilyn had a banking career that lasted for more than 20 years. While both working at a full time job, she and her husband built their house in Lake Creek, OR in 1979, pay as you go. They never had a mortgage.

Marilyn got into genealogy and has done many family lines. When they retired they bought a travel trailer and traveled for the winter months for five years to many states going as far as New

York. Marilyn always wanted to see the Statue of Liberty, which they did. She also visited many court houses and cemeteries trying to locate family history. They spent a lot of time with Elmer's aunt and uncle in Texas.

Marilyn volunteered at the Senior Center Sewing Group for 10 years helping make quilts. She car pooled with Georgia Dover and when Georgia passed away, she decided to do other volunteer work. She made quilts for Quilt of Valor (quilts for veterans) for three years. When her husband passed in 2017 and she moved to White City, she came back to the Senior Center Sewing Group that meets on Tuesdays to work on quilts. She also volunteers for the Lake Creek Historical Society, in Lake Creek, OR as the office volunteer. She goes to the Cascade Community Pool three times a week to exercise.

Marilyn is proud that her three children love the Lord Jesus Christ as their savior. She prays for the 4 grandchildren and 7 great grandchildren that they will allow the Lord to lead in their lives too. She attends the Trail Christian Fellowship with one of her sons and great granddaughter.



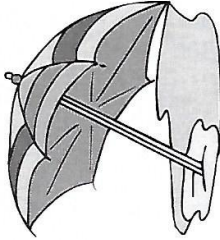


# August 2019

July '19							September '19						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6		1	2	3	4	5	6	7
7	8	9	10	11	12	13	8	9	10	11	12	13	14
14	15	16	17	18	19	20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	22	23	24	25	26	27	28
28	29	30	31				29	30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 Game Day 12:30 - 4	2	3
4	5 Music 10:30 - 11:30 Bingo 1 - 3	6 Quilters 12:30 - 2:30	7	8 Board 9 am Membership 10 am Birthday Cake Game Day 12:30 - 4	9	10 Hawaiian Club 11:00 AM
11	12 Music 10:30 - 11:30 Bingo 1 - 3	13 Quilters 12:30 - 2:30	14	15	16	17
18	19 Music 10:30 - 11:30 Bingo 1 - 3	20 Quilters 12:30 - 2:30	21	22 Game Day 12:30 - 4	23	24
25	26 Music 10:30 - 11:30 Bingo 1 - 3	27 Quilters 12:30 - 2:30	28	29 Game Day 12:30 - 4	30 Upper Rogue Artists 1:00 PM	31
1	2	Notes				

# RVCOG FOOD & FRIENDS SENIOR NUTRITION SERVICES • AUGUST 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>A suggested minimum donation is requested from seniors 60 and older.</p> <p>Non-seniors must pay the full cost of the meal.</p> <p>1% milk served with all meals.</p>		<p><b>ALLERGEN ALERT:</b> A variety of foods are prepared in the kitchen; thus, meals may be prepared with ingredients and equipment may come in contact with ingredients to which you may have an allergic reaction, such as nuts.</p>	<p><b>BIRTHDAY SPECIAL</b> <b>MEATLOAF w/GRAVY</b> Garlic Mashed Potatoes Capri Blend Vegetables Herb Roll Birthday Cake      <b>1</b></p>	<p><b>SANTA FE CHICKEN MINI SALAD</b> over Spinach Romaine Marinated Zucchini Salad Whole Wheat Roll Vanilla Pudding      <b>2</b></p>
<p><b>BEEF &amp; BLACK BEAN CHILI</b> Chuckwagon Corn Carrots Cornmeal Roll Sugar Cookie      <b>5</b></p>	<p><b>SHAVED TRKY SANDWICH</b> on Whole Wheat Bread Mustard / Mayonnaise Pasta Vegetable Salad Pineapple Fresh Honeydew      <b>6</b></p>	<p><b>SALISBURY STEAK w/GRAVY</b> Mashed Potatoes Green Peas Potato Wheat Bread Zucchini Brownie      <b>7</b></p>	<p><b>CHICKEN LO MEIN</b> Oriental Blend Vegetables Broccoli Multigrain Roll Almond Cookie      <b>8</b></p>	<p><b>BREADED FISH w/TARTAR SAUCE</b> Red Diced Potatoes California Blend Vegt Dill Bread Lemon Bar      <b>9</b></p>
<p><b>BEEF SPANISH RICE BAKE</b> Mexicali Corn Pinto Beans Cornmeal Roll Choc Chip Cookie      <b>12</b></p>	<p><b>EGG SALAD SANDWICH</b> on Whole Wheat Bread Three Bean Salad Broccoli Raisin Salad Fresh Cantaloupe      <b>13</b></p>	<p><b>ROAST PORK w/GRAVY</b> Red Diced Potatoes Steamed Spinach Dill Bread Apple Crisp      <b>14</b></p>	<p><b>CHICKEN DIVAN CASSEROLE</b> Carrots Zucchini Herb Roll Carrot Cake      <b>15</b></p>	<p><b>MEATLOAF w/CROLE SAUCE</b> Creamed Potatoes Green Peas &amp; Onions Seven Grain Bread Tapioca Pudding      <b>16</b></p>
<p><b>ROASTED TURKEY w/GRAVY</b> Red Diced Potatoes Scandinavian Blend Vegt Oat Bran Roll Pineapple Fluff      <b>19</b></p>	<p><b>SHEPHERD'S PIE</b> Green Beans Harvard Beets Herb Bread Peach Cobbler      <b>20</b></p>	<p><b>MACARONI &amp; CHEESE</b> Escalloped Tomatoes Green Beans Dill Wheat Roll Bread Pudding w/Raisins      <b>21</b></p>	<p><b>TERIYAKI MEATBALLS w/BROWN RICE</b> California Blend Vegt Romaine Iceberg Salad w/Fat Free Ranch Almond Cookie      <b>22</b></p>	<p><b>ORANGE GLAZED CHICKEN THIGH</b> O'Brien Potatoes Broccoli Squash Bread Fresh Watermelon      <b>23</b></p>
<p><b>PORK RIBBLETT SNDWCH w/BBQ SAUCE</b> on a Bun Lettuce/Onion/Ketchup Potato Wedges/Bkd Beans Banana Pudding      <b>26</b></p>	<p><b>CHICKEN SALAD SANDWICH</b> on Whole Wheat Bread Marinated Zucchini Salad Peaches Strawberry Shortcake<b>27</b></p>	<p><b>CHICKEN CHOP SUEY w/STEAMED RICE</b> Oriental Blend Vegetables Marinated Broccoli Salad Fresh Banana      <b>28</b></p>	<p><b>BAKED BEEF RIGATONI</b> Italian Blend Vegetables Green Garden Salad w/Italian Herb Roll Pineapple Crisp      <b>29</b></p>	<p><b>COWBOY CAMPFIRE STEW</b> Mexicali Blend Vegt Green Beans Cornmeal Roll Choc Oatmeal Cookie<b>30</b></p>

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# Medicare Health Plans

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I understand every client is different and a one size fits all approach doesn't work for everyone. I listen to you and help you select a plan that fits your life.



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