

EAGLE POINT SENIOR CENTER

June Newsletter

121 Loto Street P.O. Box 898, Eagle Point, OR 97524

541-826-9404

eaglepointsrctr@gmail.com

HOURS 8:30 am to 12:30 pm Monday thru Friday

For scheduled events see calendar and information board

Eagle Point Senior Center Board of Directors

PRESIDENT:

VICE PRESIDENT: Valerie Taylor-Crow

SECRETARY: Suzi Collins

TREASURER: Bob Heaton

BOARD MEMBERS: Evelyn Jennings, Joyce Beeney, Jeanne Heaton and Donna Strasser

BOARD MEETINGS: 2nd Thursday of each month at 9:00 am

MEMBERSHIP MEETINGS: 2nd Thursday of each month at 10:00 am

Thrift Store News from Nancy Lilly

Located inside the center open 8:30 am to 12:30 pm

THE THRIFT STORE BROUGHT IN \$1,738.50 IN MAY. THE THRIFT STORE PROVIDES MORE THAN 60% OF THE REVENUE THAT KEEPS THE SENIOR CENTER RUNNING AND THESE KINDS OF "PROFITS" SPELL GOOD NEWS FOR THE CENTER OVERALL! THANK YOU FOR YOUR PURCHASES AND FOR YOUR DONATIONS.

Newsletter info contact: Suzicollins1@gmail.com

ANNUAL ELECTION – JUNE 14TH – PLEASE COME AND CAST YOUR VOTE!

FROM THE PRESIDENT’S DESK: Valerie Taylor-Crow

June is here and everyone is excited that the summer season is right around the corner! June is also National Safety Month and I would encourage everyone to focus and become more aware of several important topics such as emergency preparedness, wellness, falls and slips, plus safety on the roads while driving.

The Senior Center has reached our goal for the “Raise the Roof” campaign, and due to the generosity of an anonymous donor contributing \$4000.00, we will begin work very soon once the selected contractor determines his upcoming schedule!

Our website is almost ready to go ‘live’ and this will improve public access to our vision, services, Food & Friends, and upcoming activities.

Our elections will be held this month and I am pleased to recognize all of the individuals on the board who will continue to dedicate themselves to this organization. As always, we welcome the membership’s insight, experience, and feedback as we help to move our mission forward.



MEMBERSHIP:

It is inexpensive to be a member of the Senior Center. Annual Membership fee is \$6.00, due in June. This is a community center where all people are welcome. We welcome any one aged 50 and older to join. We refrain from comments that put down or joke about anyone's race, creed, sexual orientation, religious convictions, ancestry, place of origin, mental status, or age. Everyone's cooperation is appreciated.

Time to pay your dues!



MUSIC MUSIC:

THE SWING ALONGS, Dan and Carol Nielson, provide music for us here at the Senior Center every Monday at 10:30 am to 11:30 am. They also have CDs available for sale. This is a popular event and since it is also Bingo day, the Senior Center “rocks” on Mondays!

BINGO MONDAY:

HOW MANY CARDS CAN YOU PLAY AT ONE TIME? THAT'S THE BIG QUESTION. SOME PLAY ONE AND THERE ARE A COUPLE PLAYERS THAT CAN HANDLE TEN CARDS AT A TIME. WE PLAY BINGO HERE AT THE CENTER AT 1 PM – 3:30 PM. WE HAVE LOTS OF FUN AND PLAY A VARIETY OF GAMES. THE MORE THE MERRIER AND THE BIGGER THE WINNINGS!! BEV WON THE PROGRESSIVE JACKPOT – WE STARTED OVER WITH \$50. THANKS ALSO TO SUZI AND THE BINGO PLAYERS. THEY DONATED ANOTHER \$170 TO THE CENTER. COME JOIN THE GROUP – ALWAYS HAVING A GOOD TIME.



Cost of Bingo Cards

Number Of Cards	9 games	5 games	2 Special Games (Progressive Pot & Winner Take All)
1	\$2.25	\$1.25	\$.25 each game
2	\$4.50	\$2.50	\$.50 each game
3	\$6.75	\$3.75	\$.75 each game
(4+1 free)	\$9.00	\$5.00	\$1.00 each game
(5+1 free)	\$11.25	\$6.25	\$1.25 each game

QUILTING GROUPS:

We welcome beginners and experienced quilters. It's a learning time for us all. There's a lot of chit-chat and sharing. Tuesdays 12:30 pm - 2:30 pm. Join the FUN!!

CRAFTY CRAFTERS:

If you would like to learn to knit or crochet – here is the place to be. Learn other crafts too. Tuesdays 12:30 pm – 2:30 pm

GAME DAY:

Some of the games played are: Skip-Bo, Scrabble Slam, 10,000, Flux, Left-Center-Right, Boom-O, Pinochle, Hit the Deck, Backgammon, Rumi Cube, and Dominoes, or suggest a new game that you like. Looking for Pinochle players!! Thursday 12:30 pm to 4:00 pm.





June Birthdays

Dale Diebold
Lois Gould
Judy Jorgensen
Bonnie Nutter
Rosie Bopes
Judith Brick
Adalfo Ballette
Lonny Gallagher

Mike Beene
Ken DeHaas
Dwaine Burgess
Betty Kennedy
Gayle Johnson
JoAnn Gill
Lola Atwood
Theresa Jansen

Don't forget – Birthday cake is served at the Membership Meeting.

We need your help updating our Membership list. If you have changed your phone number or address, please let us know so we can change our records.

If you would like the newsletter sent to you by email - just let Suzi know your email address and you'll get a copy monthly.

Here's a note from Margy -

I am feeling really good physically and mentally! I went to see my oncologist on May 24 and that blasted CEA number is DOWN. Even though the pet scan showed no cancer, that CEA (a substance that cancer emits) number was high. Normal is 7, mine was 26. In March it was 55, in April 97, last week 117 and now it is 110! So I am feeling very happy. We will keep doing what we're doing because it is slowing this cancer down!! Yahoo!

Margy.

June Senior of the Month



Our Senior of the Month for June 2018, is Helen (Harnish) Wolgamott! Helen and her family are one of the oldest families in Eagle Point. Her ancestors can be traced back to the Mayflower and her family members came across on the Oregon Trail in 1853. The Harnish family moved to Eagle Point in 1900. And the Taylor family (Helen's mother's side) moved from Cherry Lane, near Roxy Ann, to Eagle Point in 1908. Her parents were married in 1915. Helen was born at home in 1928. Dr. Holt drove out from Medford in his car, and he stayed overnight at their home the night before Helen was born. Helen is the youngest of four children, 2 boy and 2 girls. Her brothers are gone and her remaining sister lives in Reno and is in ill health. Helen has 5 granddaughters, 3 of whom graduated from Oregon State, and one grandson. She has 6 great-granddaughters. Her eldest great-grandchild is 8!

Helen has worked many jobs outside the home. She worked for two power companies, California Oregon Power Company (COPC) and for Pacific Power. She was a key punch operator and a bookkeeper. She lived and worked in Reno for 7 years while her husband, Richard, got his degree in education from the University of Nevada. She worked for Sierra Pacific Power there. Later on she worked for Farmers Insurance and the telephone company.

Richard moved his family to Eagle Point where he became a teacher and remained a teacher for 15 years. He then worked for the County Recreation Department for 6 years. Richard passed away in 1979 from service-related injuries that he contracted in the Korean War. He left Helen with a son in the 8th grade and an ailing mother. They all lived on an acreage which also had to be cared for and Helen was working full-time. It was hard! Sometimes she would have to hire someone to care for the sheep while she was working and it began to cost more than she made. She decided to move on. The lesson learned in these hard times was "One finds out about the things one can do when they have to!"

I found out why Harnish Wayside is shaped like a barn! Helen's dad used to run a livery stable in what is now Bob Moore Park so the barn shape is a nod to Mr. Harnish' past occupation. The Harnish property stretched from where the

Ace Hardware store is to the creek, then over to old Highway 62. In 1947 the property was split down the middle and new Highway 62 came to be.

Helen entertained me with good memories. She told me about her brother, Earl, who was involved in WWII and was gone for 5 years. He acquired a colt whose mother had died so the colt was “raised on a bucket” according to Helen. Later on, they had to be careful because if they had a pail of milk they had to hurry because if that horse (Pepper) saw that pail of milk, he would run after them.

She and Richard decided to keep sheep because one could handle them, unlike cattle. Helen learned how to deliver lambs and how to give them their shots (she hated that). They didn’t have to buy special equipment. Helen remembers piling the kids and the sheep in the station wagon, if they had to take the sheep somewhere!

She remembers that her mother used to make Helen’s bloomers out of flour sacks from the Mill. Helen loved those bloomers because they were so comfortable! She was disappointed when her mother announced that she was no longer going to make her bloomers. She had to buy “commercial” bloomers from then on! She also remembers garter belts to hold up your socks. At least your legs were covered in the cold weather.

Helen is amazed by modern technology. She told me that she was astounded that she could reach her daughter in Spain, instantly, on the cell phone. Instantaneous communications! She related the story of her grandfather who always claimed that he was born at the same, exact time that Oregon became a state in 1859. Years later, Helen discovered that Oregon became a state in February of 1859 and her grandfather was born in May of that year. Quite a gap in time! Well, Oregon became a state some time before the people of southern Oregon knew about it. The law was passed in Washington DC in February, they had to inform Salem. This took several weeks on horseback in the winter and then several more weeks for word to get down to the good folks in Medford and surrounding communities.

Helen believes you need to live one day at a time and live it to the best of your ability. She also thinks we should treat people how we would like to be treated. I asked her what she looked forward to and she told me she wants to see her last grandchild, Taylor, graduate from Oregon State on June 16. She has been to all the others and she is determined to make it to this one.

Helen told me that all her lifetime spent in Eagle Point, she has heard people remark about how Eagle Point people are stupid and somehow, not “up to par.” She has set out to change that! She is active in the city’s museum. She personally planted flowers at the Museum and on many corners in the downtown area. Additionally, Helen is the driving force behind the Avenue of Flags. On each national holiday, Helen and her crew position flags all the way from Ray’s Food Store to Stevens Road via Main Street. The flags adorn the Harnish Wayside and both bridges that span Little Butte Creek. Every one of these flags are casket flags that have been given to Helen for this very purpose. Since she started this endeavor, it has been taken over by the Chamber of Commerce, but the flags would not be an attraction of Eagle Point if it were not for Helen Wolgamott! She is a treasure to our town and we are grateful for all she does.

HAPPY
FATHERS
DAY

June

2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4 Music 10:30 - 11:30 Bingo 1 - 3:30	5 Quilters Crafters 12:30-2:30	6	7 Games 12:30-4	8	9 HI Club
10	11 Music 10:30-11:30 Bingo 1-3:30	12 Quilters Crafters 12:30-2:30	13	14 Board 9 am Membership 10 Elections Games 12:30-4	15	16
17	18 Father's Day Music 10:30-11:30 Bingo 1-3:30	19 Quilters Crafters 12:30-2:30	20	21 "Unclaimed" Ceremony - 1pm @ EP Cemetery Games 12:30-4	22	23
24	25 Music 10:30-11:30 Bingo 1-3:30	26 Quilters Crafters 12:30-2:30	27	28 Games 12:30-4	29 Upper Rogue Artists - 1 pm	30
1	2	3	4	5 Games 12:30-4	6	7

JOSEPHINE & JACKSON COUNTY SENIOR NUTRITION SERVICES • JUNE 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>June 14th FLAG DAY</p>	<p>A suggested minimum donation is requested from seniors 60 and older. Non-seniors must pay the full cost of the meal. 1% milk served with all meals.</p>	 <p>IT'S Dad's Big Day! SUNDAY, JUNE 17, 2018</p>		
<p>SALISBURY STEAK/GVY Oven Browned Potatoes Country Cottage Blend Vegetables Multigrain Bread Peaches 4</p>	<p>ASIAN CHICKEN SALAD Over Spinach Romaine Green-Pea Salad Sunflower Seed Roll Snickerdoodle Cookie 5</p>	<p>MEATLOAF w/GRAVY Mashed Potatoes w/Gvy Mixed Vegetables Cracked Wheat Roll Bread Pudding w/Raisins 6</p>	<p>BREADED BAKED FISH w/TARTAR SAUCE Red Bliss Potatoes Scandinavian Blend Vegt Rye Wheat Bread Pineapple Tidbits 7</p>	<p>VEGETABLE STRATA Capri Blend Vegetables Green Peas Rye Bread Chocolate Pudding 1</p>
<p>CHICKEN A LA KING w/RICE Green Peas Carrots Butterscotch Pudding 11</p>	<p>TERIYAKI MEATBALLS Mashed Potatoes Normandy Blend Vegt Oatmeal Bread Pineapple Crisp 12</p>	<p>BEEF CHILI w/BEANS Whole Kernel Corn Spinach Romaine Salad w/Italian Cornbread Birthday Cake 13</p>	<p>SLICED ROASTED TURKEY w/GRAVY Lyonnaise Potatoes Steamed Spinach Herb Bread Grace's Choc Bar 14</p>	<p>SWISS STYLE BEEF STEAK Roasted Red Potatoes Capri Blend Vegetables Seven Grain Bread Orange Whip 15</p>
<p>WAIKIKI CHICKEN Delmonico Potatoes Green Beans Sunflower Seed Roll Oatmeal Raisin Cookie 18</p>	<p>BEEF STUFFED BELL PEPPER Scandinavian Blend Vegt Whole Kernel Corn Cracked Wheat Bread Tapioca Pudding 19</p>	<p>MACARONI & CHEESE Escalloped Tomatoes Normandy Blend Vegt Rye Bread Apple Crisp 20</p>	<p>MEATLOAF w/CREOLE SAUCE Mashed Potatoes w/Gvy Italian Blend Vegetables Commmeal Bread Birthday Cake 21</p>	<p>CHICKEN SALAD SANDWICH on Whole Wheat Bread Potato Salad Carrot Mandarin Salad Hermit Bar 22</p>
<p>HOMESTYLE PORK PATTY w/GRAVY Mashed Potatoes w/Gvy Scandinavian Blend Vegt Seven Grain Bread Choc Chip Cookie 25</p>	<p>BEEF TAMALES PIE Carrrots Chuckwagon Corn Sunflower Seed Roll Fresh Honeydew Melon 26</p>	<p>APPLE TRKY MEATBALLS w/PENNE PASTA Italian Blend Vegetables Spinach Romain Salad Garlic Bread Crmberly Crunch Bar 27</p>	<p>BBQ CHICKEN Baked Beans Mixed Vegetables Cracked Wheat Bread Banana Pudding 28</p>	<p>ROAST PORK w/GRAVY Scalloped Potatoes Green Peas Onion Bread Spiced Apple Slices 29</p>

Community means everything.

That's why we're proud to be here to help life go right™ – and to support the Eagle Point Senior Center. If there's anything you need, call us.



Bob Pinnell, Agent

10558 Hwy 62
Eagle Point, OR 97524
Bus: 541-826-6333
bob.pinnell.qjb1@statefarm.com



Rory Wold Insurance Agcy Inc

Rory Wold, Agent
Medford, OR 97504
Bus: 541-773-1404
rory@rorywold.net



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Medicare Health Plans

As a Local Independent Agent, I listen to You

As an experienced local independent agent, I work for You!

I understand every client is different and a one size fits all approach doesn't work for everyone. I listen to you and help you select a plan that fits your life.



Rosita Redd, Insurance Broker
Medicare & Senior Benefits
Life, Health & Supplemental Insurance
541-218-5507 (cell)
License # 17090448

Mercy Flights Inc.

Why Should You Have a

Mercy Flights Membership?

In much of southern Oregon and northern California, the fastest route to a hospital emergency room is by helicopter or plane.

Emergency Ground and Air Ambulance transports are expensive. Even if you are insured, many plans leave you with a large balance.

Can you afford it?

A Mercy Flights membership is an affordable way to protect yourself and your family from emergency care and transportation fees.

When Mercy Flights members use our emergency treatment and transport, Mercy Flights accepts their insurance payment as "Payment in Full". If our member has no insurance or their insurance does not pay toward their Mercy Flights service, our member pays only 50% of their service bill. This 50% discount also applies when Mercy Flights provides non-emergent medical transportation not covered by insurance.

You can't predict.

Be smart.

Be prepared.



Ready To Serve



Did You Know?

- Mercy Flights is a non-profit organization providing quality care and emergency medical transport to the residents of southern Oregon and northern California since 1949. Your tax-deductible donations are always appreciated.
- Our emergency medical staff consists of specially trained Critical Care Registered Nurses, EMT's, Paramedics, and experienced pilots.
- Mercy Flights ground and air ambulances provide service to anyone needing medical transport within our 911 service areas.
- Your membership dollars help support our services to your community.

Do you have your Mercy Flights membership? Our Senior Center is given a membership discount. If you currently have membership through someone else, you can transfer to our list and receive the discount. Memberships can be transferred at any time.

Know a friend that has their membership through someone else? They can transfer to our list and receive the discount. They do not even have to be a member to do this. We need at least 20 more memberships to receive our next big discount.

See Suzi Collins if you have questions.

